



Grab & Go Mini Programs

Designed for 15- 20 Minute Presentations

Provider Orders for Life-Sustaining Treatment (POLST)

Date of Program: _____

Group Name: _____

Number of participants: _____

“Attention” Getter

- Only 20 – 30% of Americans have some type of Advance Health Care Directive
 - These advance directives are often unavailable to health care providers.
 - Advance Directives are not necessarily transferred from one health care facility to another
 - Advance Directives can be overridden by medical providers or family members; if there is vagueness within the document

Talking Points

- POLST is a process, including a form that gives a patient control over medical treatment options and is recognized as an actual medical order.
- Transferred between health care facilities
- Program is accepted and under development in 30 states
- National POLST Web site: www.ohsu.edu/polst
- Montana POLST Web site: www.polst.mt.gov
- Almost all health care providers have copies of **terra-green** POLST forms and envelopes
 - Order POLST form from Department of Public Health and Human Services, (406) 444-3895
- There are seven sections (double-sided) on the POLST form.
- Previous versions of POLST remain valid until form is replaced by a new version
- Original terra-green POLST form kept with patient
- Photocopy should accompany patient when transferred from health care facility to another
- POLST can be stored in Montana End-of-Life Registry at www.endoflife.mt.gov

Handouts for Participants

- [Provider Orders for Life-Sustaining Treatment](#) MontGuide (MT201112HR). Order from Extension Distribution Center Online Store at: www.msuextension.org/store.

Evaluation Quickie

- How many of you plan to complete a POLST form?
 - Number _____ Percent _____
- How many of you plan to share the Provider Orders for Life-Sustaining Treatment MontGuide with others?
 - Number _____ Percent _____